

MAY 2023

OAK BLUFFS SCHOOL

Monday

1
Crispy Chicken
Caesar salad
Bread stick
Fresh fruit
Skim milk

Tuesday

2
Tuna Roll
Potato chips
Veggie sticks
Fresh fruit
Skim milk

Wednesday

3
Pizza cheese or
Pepperoni
Garden salad
Fresh fruit
Skim milk

Thursday

4
BBQ spare ribs
Mashed potatoes
Corn
Fresh fruit
Skim milk

Friday

5
Hot dog
French fries
Fresh fruit
Chocolate skim milk

8
Sweet & sour
chicken
Fried rice
Fresh fruit
Fortune cookie
Skim milk

9
Beef Taco
Sour cream & salsa
Fresh fruit
Skim milk

10
Pizza cheese or
Pepperoni
Garden salad
Fresh fruit
Skim milk

11
Ham & Cheese
Croissant
Spinach salad
Fresh fruit
Skim milk

12
Cheeseburger
Potato chips
Fresh fruit
Chocolate skim milk

15
Pasta & meatballs
Caprese salad
Fresh fruit
Skim milk

16
Chicken Teriyaki
Sandwich
Mixed Veggies
Fresh fruit
Skim milk

17
Pizza cheese or
Pepperoni
Garden salad
Fresh fruit
Skim milk

18
Marinated steak tips
Rice pilaf
Broccoli
Fresh fruit
Skim milk

19
Hot dog
French fries
Fresh fruit
Chocolate skim milk

22
Chicken & Cheese
Quesadilla
Sour cream & salsa
Veggie sticks
Fresh fruit
Skim milk

23
Grilled ham & cheese
Cucumber & tomato
Salad
Fresh fruit
Skim milk

24
Pizza cheese or
Pepperoni
Garden salad
Fresh fruit
Skim milk

25
Baked potato loaded w/
Cheddar, bacon & broccoli
Chicken nuggets
Fresh fruit
Skim milk

26
Cheeseburger
Potato chips
Fresh fruit
Chocolate skim milk

Memorial Day 29

30
Chicken salad on
croissant w/ lettuce &
Tomato, chips
Fresh fruit
Skim milk

31
Pizza cheese or
Pepperoni
Garden salad
Fresh fruit
Skim milk

Daily Alternative Lunch
Sun Butter & Jelly Sandwich
or Yogurt Parfait

MENU SUBJECT TO CHANGE WITHOUT NOTICE
Only whole grain breads available (W/G)
ALL meals FREE to students through 6/30/23

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

USDA is an Equal Opportunity Employer