



# Oak Bluffs School

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Dr. Megan Farrell  
*Principal*

Carlin Hart  
*Assistant Principal*

Jean Neble  
*Administrator of  
Student Services 5-8*

Lianne deBettencourt  
*Guidance Counselor*

Lana Schaefer  
*School Nurse*

Dear Parents, Families and Guardians,

Oak Bluffs School 6th, 7th and 8th graders are eligible to participate in school sports. To protect the safety and well being of young athletes, Massachusetts law requires that coaches, athletic directors, school nurses, parents/guardians and student athletes learn about the consequences of head injuries and concussions. This law applies to all public middle schools and high schools.

In order for student athletes to participate in practices, their parents/guardians must participate in an interscholastic head injury safety training program. It is recommended that student athletes also participate in the training. The easiest way to complete this training is online:

<https://www.cdc.gov/headsup/youthsports/training/index.html>  
<https://www.nfhslearn.com/courses/concussion-for-students>

Once you have completed the training, please fill out the bottom portion of this letter and return it to the coaching staff. Please note that such training is a prerequisite for student-athlete participation. Accordingly, thank you for your prompt attention to this. Should you have any questions, please feel free to contact the Oak Bluffs School.

Sincerely,  
Coaching Staff

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Cut and return this form and return to coaching staff

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

I have completed the training in interscholastic head injury safety.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_